

5 MINUTE MEATBALLS AND GRAVY

The following recipe serves one. Double, triple or quadruple as needed.

INGREDIENTS:

- 1 can cream mushroom soup
 - 1 cup beef broth or milk
 - 4-6 frozen, cooked meatballs
 - couscous
 - parsley
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DIRECTIONS:

In a saucepan, combine 1 can cream of mushroom soup, 1 cup beef broth or milk and 4-6 frozen, cooked meatballs.

Set the pan over medium heat, partially cover and simmer for 20 minutes, until the meatballs are hot all the way through.

Serve over couscous and garnish with parsley

