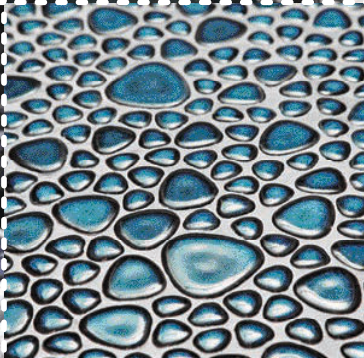


blue
HARMONY™

Spa Menu



Blue, the color of calm, depth, knowledge, and integrity, also representing healing, purity, fluidity, and tranquility. Each Blue Harmony experience will remind you of the nourishment provided by the great blues of the world, water, and sky.



SPA PACKAGES

Blue Harmony Signature Journey

50 minute Signature Blue Bliss Massage
50 minute The Max Stem Cell Signature Facial
Classic Manicure and Pedicure

Perfect Harmony Couples Package

50 minute Signature Blue Bliss Massage
Aqua Immersion Bath Soak
Champagne and Strawberries

Fountain of Youth

50 minute Vital C Facial
Anti - Aging Eye Mask Treatment
50 minute Swedish Massage

Traveler's Retreat

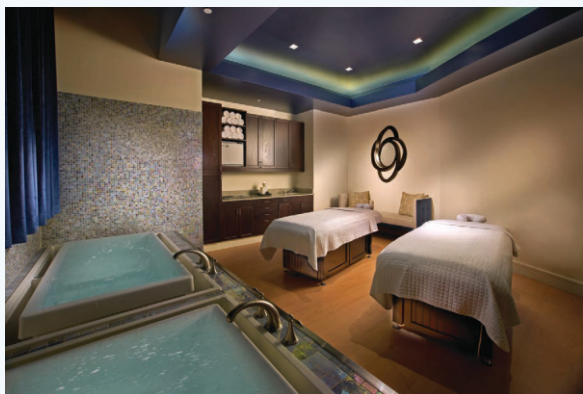
50 minute Swedish Massage
25 minute Refresh Facial
Classic Manicure and Pedicure

Therapeutic Package

80 minute Deep Tissue Massage
Muscle Ease Botanical Treatment
Hot Stone Enhancement
Aromatherapy

Sail Away Spa Sampler

25 minute Refresh Massage
25 minute Refresh Facial
Classic Manicure



MASSAGE SERVICES

Signature Blue Bliss Massage

After gently polishing the hands and feet, steamed bolus filled with marine salt and lavender deliver warmth all over the body. Inhale their hypnotic aroma as they are pressed onto aching muscles and energy meridians. The Thai inspired stretching are combined with pressure points and massage techniques to unwind areas of tension and restore balance to the entire body.

Deep Tissue Massage

This therapeutic session will help release chronic patterns of tension and muscle pain.

Indigo Stone Massage

This treatment blends the use of heated basalt stones with Swedish massage strokes to melt away knotted muscles and carry you into deep relaxation.

Swedish Massage

Helps reduce tension, increase circulation and induce relaxation.

Pre-Natal Massage

Massage techniques and pregnancy support pillows will help you relax and care for both mommy and baby. Not offered in the 1st trimester.

Couple's Massage

Select your individual massages and enjoy them side-by-side in our exclusive couple's suite. For the ultimate couple experience, add side-by-side Aqua Immersion Therapy.



MASSAGE SERVICES

Scalp Massage

A 25 minute treatment which includes a conditioning hair mask applied to the hair, massage of the face and scalp is performed. This treatment is ideal for relief from headaches, migraines, and allergies.

Refresh Massage

A 25 minute refresher massage on your specific area of concern.

Foot Retreat

This 25 minute treatment is perfect for tired feet. Enjoy a invigorating foot scrub to slough away dead and dry skin, leaving the feet refreshed. A relaxing foot and calf massage is performed using a hydrating lotion to leave legs feeling soft and renewed.

BLUE HARMONY ENHANCEMENTS

Aqua Immersion Therapy

Intense Anti-Aging Facial Mask

Age Defying Eye Mask

Collagen Lip Plumping Mask

Aromatherapy

Hot Stones

Muscle Ease Pain Relief

Softening Paraffin for Hands or Feet

Deep Conditioning Hair Mask



SKINCARE SERVICES

The Max Stem Cell Signature Facial

Unmatched in its MAXimum concentration of state-of-the-art potent ingredients, this luxurious facial treatment visibly rejuvenates, regenerates and revitalizes dull, aging skin while targeting fine lines and wrinkles and loss of elasticity.

Vital C Revitalizing Facial

This comprehensive treatment combines our stable Tri-Vitamin C blend with correcting hydroxy acids, plant derived stem cell technology and deeply hydrating ingredients to treat redness, inflammation, dry/dehydrated, and photo aging skin.

Ormedic Balancing Facial

This luxurious treatment contains fruit enzymes to polish and perfect dull skin, while powerful peptides stimulate collagen for instantly firmer looking skin. It combines Organic aloe and green tea active ingredients with medical effectiveness.

Gentleman's Facial

The face is deeply cleansed, double exfoliated, moisturized, and soothed to reduce sensitivity commonly associated with daily shaving. This facial treatment will revitalize, refresh, and improve your skin's texture. Relax with a luxurious facial massage that will leave your skin hydrated and revitalized

Clear and Pure Teen Facial

A great introduction to skincare specifically designed for guests ages 12-17. Our aesthetician will teach you about home care routines that help produce clearer, healthier skin.

Refresher Facial

A 25 minute mini facial to cleanse and revitalize your skin.



BODY TREATMENTS

Aroma Massage and Body Wrap

An 80 minute treatment that includes the aroma of your choice with a 50 minute Swedish massage, followed by a comforting body wrap to open the pores to allow the essential oils to absorb into the sore and tired muscles for deep relaxation. During the wrap, enjoy a scalp and facial massage to release your stress.

Detox Body Treatment

Detoxifies, tightens and tones as you are wrapped in active firming gel, after an invigorating body exfoliation. Your skin will be hydrated with an anti aging body mouse that is rich in vitamins and collagen producing peptides to leave your skin fresh and free of toxins. Includes a relaxing scalp massage

Body Exfoliation

Slough away dull skin cells with a full body exfoliation infused with vitamins and aromatherapy. After a refreshing shower, we apply an intensive hydrating moisturizer to soften and nourish your skin.



NAIL SERVICES

Blue Harmony Signature Manicure and Pedicure

Our Signature 50 minute manicure and 80 minute pedicure treatments transform your hands and feet with a heavenly scented soak, skin softening scrub, mask, paraffin treatment, and a relaxing massage. Your nails are then groomed, shaped, and perfectly polished. Enjoy a glass of champagne to complete your treat.

Ruby and Sapphire Manicure and Pedicure

We start off by soaking your feet in a scented tub. Delight your senses with a hot stone massage and cooling botanical Musclease gel. Exfoliation, nail grooming and finish off with a polish application.

Classic Manicure and Pedicure

Classic manicure and pedicure includes leg and foot scrub, nail grooming, a relaxing massage, and polish application.

Shellac Manicure

Removal of any polish, a dry manicure, and application of your choice of shellac polish. Finish your treatment with a relaxing massage, leaving your hands soft to the touch

Shellac Pedicure

Enjoy an exfoliation with our vitamin and aromatherapy infused exfoliation followed by a relaxing massage with silky soft body butter and gel polish.



NAIL SERVICES

Gentleman's Man-Cure and Foot-Cure

Traditional grooming manicure or pedicure especially for men. Includes a soak, scrub, buff and relaxing massage. Nails are then cleaned and trimmed.

Prince and Princess Manicure and Pedicure (12 and under)

Start with trimming, shaping and buffing of the nails. Cuticles will not be trimmed, but gently pushed back. A brief massage is included, before polish application.

NAIL ENHANCEMENTS

Shellac or Gel Polish Removal

Shellac Enhancement on Hands

Callous Remover

Softening Paraffin for Hands or Feet

French Polish

Softening Honey Heel mask

OTHER

Champagne and Strawberries \$20.00

Day Pass (When Available) \$20.00



HOW TO SPA

Reservations

We recommend you make your spa reservations well in advance as space is limited. Reservations can be made by calling the Spa Concierge at 407.390.2442. If you have any special physical or medical considerations, please notify the spa so we can best prepare for your treatment.

Arrival

Please arrive at least 30 minutes prior to your treatment to allow time for check-in and preparation for your service. If you are delayed in your arrival, please remember your service will end at its original time to avoid inconveniencing other guests.

Valet Parking

Complimentary valet parking is available at the hotel when visiting Blue Harmony Spa.

Amenities

As our guest, we invite you to enjoy our men's and ladies' steam rooms and Chromotherapy Experience Showers, relaxation lounge, and outdoor spa patio with treatment cabanas and hot tub.

Service Charge

For your convenience a 20% service charge gets added to all services during checkout.

Cancellations

Because your spa appointments are reserved specifically for you, a 4-hour notice is required for cancellations and changes. Cancellations and no-shows not made within 4-hours of your treatment time will be charged 100% of the treatment rate.

Dress Code

During your visit you will be provided with a robe and slippers. Lockers are available in the dressing room for your personal belongings. Please do not bring jewelry or other valuables to the spa. Blue Harmony Spa does not assume any liability for the loss of personal items.

Spa Hours of Operation
Daily: 9AM - 8PM

Spa hours may change seasonally.
Additional hours are available upon request at
407.390.2442 or via email at
blueharmony@wyndham.com





blue
HARMONY™

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