



breakfast

fresh start

- market fresh fruits and berry plate** 9
melon, citrus, pineapple, seasonal berries
- berry, apple and granola muesli** 8
low-fat vanilla yogurt, banana, walnuts
pomegranate essence
- steel cut cinnamon scented oatmeal** 6
apple, walnuts, honey
- cereal or crunchy all natural granola** 6
seasonal berries or sliced banana
- bagel & lox** 9
choice of bagel, smoked salmon,
tomato, red onion, cream cheese

light and fluffy

- crisp belgian waffle** 9
seasonal berries, warm maple syrup
cinnamon whipped cream
- blueberry-orange granola pancakes** 9
maple syrup, whipped butter
- classic french toast** 9
warm apple compote, maple syrup

hot plates

- egg white and turkey omelet** 11
spinach, cheddar, tomato, broccoli
seasonal fruit
- three egg omelet** 10
breakfast potatoes, choice of toast
choice of any three: ham, turkey, bacon
sausage, peppers, onions, mushrooms
spinach, cheddar, pepper-jack, swiss
extra items 1
- salmon biscuit benedict** 11
smoked salmon, poached eggs, wilted spinach
fresh biscuit, hollandaise, breakfast potatoes
- southwest breakfast wrap** 10
egg, bacon, guacamole, breakfast potatoes
jack cheese, poblano relish, seasonal fruit
- the standard** 10
two organic eggs cooked to your liking
breakfast potato, choice of toast
choice of one: grilled ham, bacon
pork sausage, chicken sausage

on the side

- bowl of field grown berries** 7
a bright mix of the season's best
- low-fat yogurt parfait** 6
mango puree, seasonal fruit & berries, granola
- toasted bagel** 5
philadelphia cream cheese or whipped butter
- freshly baked cinnamon bun** 6
cream cheese frosting, strawberries
- breakfast meats** 4
smoked bacon, sausage links
chicken sausage links, grilled ham
- breakfast potatoes** 3

refreshment

- fresh-brewed starbucks® coffee** 4
- assorted tazo® teas** 4
- juices** 4
orange, grapefruit, apple, cranberry, tomato
- milk** 3
regular, non-fat, 2%, chocolate, soy