

Wyndham Virginia Crossings Hotel & Conference Center

1000 Virginia Center Parkway | Glen Allen | Virginia | 23059

804.727.1400      [www.wyndhamviriniacrossings.com](http://www.wyndhamviriniacrossings.com)

## WYNDHAM VIRGINIA CROSSINGS HOTEL & CONFERENCE CENTER CONFERENCE LUNCH MENUS



All menu items are subject to change and/or substitution.

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## Monday #1

### From the Deli

Turkey Cobb Salad Wraps

### Exhibition Kiosk

Panini Sandwich of the Day

### Daily Compositions

Seasonal Fresh Fruit Salad with  
Honey Poppyseed Yogurt

Cilantro Three Bean Salad

Cold Glass Noodle Salad with  
Ponzu Sauce

### Desserts

Assorted Mini Cake Bites

Brownie Bites with Whipped Cream,  
Caramel and Chocolate Sauce

Assorted Seasonal Cream Pies



### Soup of the Day

Roasted Onion Stew

### From the Garden

Field Greens with Cucumber, Tomatoes,  
Carrots, Cheddar Cheese, Chopped  
Bacon, Chick Peas, Edamame and  
Sunflower Seeds

Served with Italian, Creamy Bleu Cheese  
and Low-Fat Balsamic Vinaigrette

### From the Kitchen

Sauteed Green Beans with Sesame Oil  
Roasted Sweet Potatoes

Polenta Cakes with Fresh Corn &  
Blackberry Jam

Pistachio Crusted Flounder with Lemon  
Butter

Herb Grilled Chicken with Roasted Shallot  
Chutney

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## Tuesday #2

### From the Deli

Ham & Swiss Croissant  
Sandwich

### Exhibition Kiosk

Tossed Caesar Salad with  
Grilled Chicken

### Daily Compositions

Seasonal Fresh Fruit Salad with  
Raspberry Yogurt

Deviled Egg Salad with  
Chopped Pickles

Cous Cous with Greek  
Salad Tapenade

### Desserts

Assorted Mini Gourmet Cupcakes  
Brownie Bites with Whipped Cream,  
Caramel and Chocolate Sauce  
Assorted Seasonal Cream Pies



### Soup of the Day

Rosemary Bean Soup

### From the Garden

Romaine with Cucumber, Tomatoes,  
Carrots, Red Onion, Kalamata, Green and  
Black Olives, Feta Cheese, Edamame and  
Green Pepper

Served with Greek Vinaigrette with Feta,  
Buttermilk Ranch and Low-Fat Balsamic  
Vinaigrette

### From the Kitchen

Southern Corn Pudding

Brown Rice Pilaf

Vegetarian & Chick Pea Stew

Ginger Marinated Beef Sirloin

Herb Mahi Mahi with Cucumber-Radish  
Salsa

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## Wednesday #3

### From the Deli

Prosciutto Wrapped Melon Bites

### Exhibition Kiosk

Flatbread Grilled Cheese  
Sandwiches

### Daily Compositions

Seasonal Fresh Fruit Salad with  
Honey Poppyseed Yogurt

Composed Cobb Salad

Long Noodles with Carrots, Grilled  
Spring Onions and Toasted  
Sesame Seeds

### Desserts

Assorted Fancy Dessert Bars

Brownie Bites with Whipped Cream,  
Caramel and Chocolate Sauce

Assorted Seasonal Cream Pies



### Soup of the Day

Vegetable & Cous Cous

### From the Garden

Field Greens with Cucumber, Tomatoes,  
Carrots, Cheddar Cheese, Chopped  
Bacon, Chick Peas, Edamame and  
Sunflower Seeds

Served with Italian, Creamy Bleu Cheese  
and Low-Fat Balsamic Vinaigrette

### From the Kitchen

Cauliflower-Broccoli & Carrot Medley

Roasted Potatoes with Parsley Butter

Falafel with Tzatziki Sauce

Lemon Pepper Tilapia with Citrus Relish

Cajun Rubbed Pork with Black Bean &  
Corn Relish

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## Thursday #4

### From the Deli

Mediterranean Vegetable & Feta Pita

### Exhibition Kiosk

Vegetable Fried Rice Station

### Daily Compositions

Seasonal Fresh Fruit Salad with  
Raspberry Yogurt

Orzo Salad with Fresh Cilantro,  
Red Onion and Tomato

Vegetarian Nicoise Salad

### Desserts

Assorted Mini Gourmet Cupcakes

Brownie Bites with Whipped Cream,  
Caramel and Chocolate Sauce

Assorted Seasonal Cream Pies



### Soup of the Day

Lentil & Vegetable

### From the Garden

Romaine with Cucumber, Tomatoes,  
Carrots, Red Onion, Kalamata, Green and  
Black Olives, Feta Cheese, Edamame and  
Green Pepper

Served with Greek Vinaigrette with Feta,  
Buttermilk Ranch and Low-Fat Balsamic  
Vinaigrette

### From the Kitchen

Shaved Brussels Sprout with Shallots

Garlic Roasted Wedge Potatoes

Tri-Color Tortellini with Pesto Cream Sauce

Seared Turkey Cutlets with Cranberry-Dijon  
Sauce

“Jerrells” Seafood Étouffée with Rice

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## Friday #5

### From the Deli

Portobello & Red Pepper Wrap

### Exhibition Kiosk

Asian Salad Station featuring Asian Themed Salad Toppings

### Daily Compositions

Seasonal Fresh Fruit Salad with Honey Poppyseed Yogurt

Roasted Marinated Vegetable Salad

Quinoa Tabbouleh Salad

### Desserts

Assorted Mini Cake Bites

Brownie Bites with Whipped Cream, Caramel and Chocolate Sauce

Assorted Seasonal Cream Pies



### Soup of the Day

Roasted Sweet Potato Soup

### From the Garden

Field Greens with Cucumber, Tomatoes, Carrots, Cheddar Cheese, Chopped Bacon, Chick Peas, Edamame and Sunflower Seeds

Served with Italian, Creamy Bleu Cheese and Low-Fat Balsamic Vinaigrette

### From the Kitchen

Southern Style Succotash

Cajun Dirty Rice

Gemelli Pesto Pasta with Pine Nuts & Sundried Tomatoes

Grilled Yellowfin Tuna with Grape-Caper Salsa

Chicken Cacciatore with Pasta

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## Monday #6

### From the Deli

Red Repper Hummus &  
Vegetable Wrap

### Exhibition Kiosk

Panini Sandwich of the Day

### Daily Compositions

Seasonal Fresh Fruit Salad with  
Honey Poppyseed Yogurt

Red Bliss Potato Salad

Golden Beet Salad with Goat  
Cheese & Toasted Walnuts

### Desserts

Assorted Mini Cake Bites

Brownie Bites with Whipped Cream,  
Caramel and Chocolate Sauce  
Assorted Seasonal Cream Pies



### Soup of the Day

Tortellini Tomato & Spinach Soup

### From the Garden

Field Greens with Cucumber, Tomatoes,  
Carrots, Cheddar Cheese, Chopped  
Bacon, Chick Peas, Edamame and  
Sunflower Seeds

Served with Italian, Creamy Bleu Cheese  
and Low-Fat Balsamic Vinaigrette

### From the Kitchen

Sautéed Carrots with Fennel

Orzo with Basil & Garlic

Grilled Vegetables & Feta

Braised Beef Tips & Mushroom with Rice

Oven Baked Cod with Sriracha Glaze

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## Tuesday #7

### From the Deli

Tuna Salad wrapped with  
English Cucumbers

### Exhibition Kiosk

Stromboli of the Day

### Daily Compositions

Seasonal Fresh Fruit Salad with  
Honey Poppyseed Yogurt

Macaroni Salad

Zucchini & Squash Noodle Salad

### Desserts

Assorted Mini Gourmet Cupcakes

Brownie Bites with Whipped Cream,  
Caramel and Chocolate Sauce

Assorted Seasonal Cream Pies



### Soup of the Day

Thai Coconut Chicken Soup

### From the Garden

Romaine with Cucumber, Tomatoes,  
Carrots, Red Onion, Kalamata, Green and  
Black Olives, Feta Cheese, Edamame and  
Green Pepper

Served with Greek Vinaigrette with Feta,  
Buttermilk Ranch and Low-Fat Balsamic  
Vinaigrette

### From the Kitchen

Slow Cooked Braised Kale

Mashed Sweet Potatoes

Roasted Artichokes, Pearl Onions &  
Capers with Garlic Oil

Blackberry BBQ Spareribs

Lemon Baked Salmon with Dill Butter



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## Wednesday #8

### From the Deli

Italian Mini Sandwich on Foccacia

### Exhibition Kiosk

Freshly Made Fruit & Vegetable  
Smoothie Station

### Daily Compositions

Seasonal Fresh Fruit Salad with  
Raspberry Yogurt

South of the Border Salad  
with Tortillas

Cous Cous Salad with Grilled  
Vegetables and Balsamic Drizzle

### Desserts

Assorted Mini Cake Bites

Brownie Bites with Whipped Cream,  
Caramel and Chocolate Sauce

Assorted Seasonal Cream Pies



### Soup of the Day

Vegetable Beef Soup

### From the Garden

Field Greens with Cucumber, Tomatoes,  
Carrots, Cheddar Cheese, Chopped  
Bacon, Chick Peas, Edamame and  
Sunflower Seeds

Served with Italian, Creamy Bleu Cheese  
and Low-Fat Balsamic Vinaigrette

### From the Kitchen

Roasted Sweet Corn & Peppers

Roasted Fingerling Potatoes

Sautéed Squash & Zucchini with Quinoa

Seared Chicken Breast With Roasted  
Tomato Compote

Beef Enchiladas Casserole

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# Thursday #9

### From the Deli

Tomato Mozzarella with Basil Oil  
on Ciabatta

### Exhibition Kiosk

Assorted Flatbread Pizzas

### Daily Compositions

Seasonal Fresh Fruit Salad with  
Honey Poppyseed Yogurt  
Sweet and Sour Cole Slaw  
Indian Chick Pea Salad

### Desserts

Assorted Fancy Desert Bars  
Brownie Bites with Whipped Cream,  
Caramel and Chocolate Sauce  
Assorted Seasonal Cream Pies



### Soup of the Day

Split Pea Soup

### From the Garden

Romaine with Cucumber, Tomatoes,  
Carrots, Red Onion, Kalamata, Green and  
Black Olives, Feta Cheese, Edamame and  
Green Pepper

Served with Greek Vinaigrette with Feta,  
Buttermilk Ranch and Low-Fat Balsamic  
Vinaigrette

### From the Kitchen

Steamed Broccoli with Garlic Butter  
Wild Rice with Peppers & Onions  
Hoisin Tofu with Stir-fry Vegetables  
Seared Monkfish Provincial  
Roasted Turkey with Sage Gravy

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## Friday #10

### From the Deli

Grilled Chicken Caesar Pita Pockets

### Exhibition Kiosk

All Beef Mini Hot Dogs with  
assorted toppings

### Daily Compositions

Seasonal Fresh Fruit Salad with  
Raspberry Yogurt

Cucumbers with Sherry Vinaigrette

Grilled Broccolini with Balsamic Glaze

### Desserts

Assorted Mini Cake Bites

Brownie Bites with Whipped Cream,  
Caramel and Chocolate Sauce

Assorted Seasonal Cream Pies



### Soup of the Day

Cream of Mushroom with Sherry

### From the Garden

Field Greens with Cucumber, Tomatoes,  
Carrots, Cheddar Cheese, Chopped  
Bacon, Chick Peas, Edamame and  
Sunflower Seeds

Served with Italian, Creamy Bleu Cheese  
and Low-Fat Balsamic Vinaigrette

### From the Kitchen

Sugar Snap Peas with Fried Ginger

Potato Goat Cheese Gratin

Spinach & Cheese Ravioli with  
Tomato Sauce

Cajun Catfish with Lemon Tartar Sauce

Hickory Smoked Beef Brisket with  
Spicy BBQ